



Amy Follebout

NOV 17, 1963 - JUN 12, 2025



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Table of Contents

Obituary	Page 3
Events	Page 5
Tribute Wall	Page 6
Media	Page 10



Amy Follebout

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It is with profound sadness that we acknowledge the passing of Amy Follebout on June 12, 2025 at 61 years old. Beautiful wife to her husband of 40 years, Rob, who loved her dearly. Beloved daughter to Tom and Nancy Sugars. Cherished sister to Shawn (Jennifer) Sugars. Amy's family was her heart. She loved every moment spent with her nephews Zach and Nate Sugars, and nieces Jessica (Daniel) Martinelli and Samantha Follebout (Austin Hare). Amy held a special place in her heart for her late nephew, Randy Sugars. She was a strong supporter of all her nieces and nephews' activities and they loved spending time with her.

Amy dedicated her life to helping others as a compassionate substance abuse counselor with Macomb County Community Mental Health. She touched countless lives with her wisdom, kindness and empathy. She also generously used her skills in her personal life as well with any family, friends and others who needed a helping hand. Every ounce of Amy loved music – listening to a large variety of music, knowing all the words to the songs, playing her clarinet with the St Clair Community Band and Theater Guild, and volunteering her time helping the band director and students at St Clair High School.

A woman of adventure, Amy loved riding her motorcycle alongside Rob, exploring winding country roads and soaking in the beauty of the outdoors. She and Rob were avid snowmobilers, traveling across the UP by trail and back country as well. The time spent at her parents cabin in Melstrand were priceless memories. She also loved to travel to foreign locations. Amy visited Scotland and Ireland with Rob and her parents; and Italy with her mother and aunt. Amy truly enjoyed being social. She and Rob loved spending time with friends at local brew pubs, sampling craft beers and bourbons, while sharing laughter and stories with those they loved.

Amy was a true animal lover, she never met a stray cat (or any other animal) she wasn't willing to help. Their beloved cat, Sonny, will continue to be a source of comfort to her husband, Rob.



Obituary

Amy Follebout

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Amy's warmth, humor and generosity will be deeply missed by all those who knew her. She will be forever loved. Forever missed. And never, ever, forgotten.

A Memorial Visitation will be held Friday, July 18th from 2-7 pm with a 7 pm Sharing of Memories and Blessings Service at Young Colonial Chapel Funeral Home, 4061 St. Clair Hwy. East China, Michigan.

A Celebration of Life Picnic will be Saturday, July 19th from 11:00 am to 6:00 pm at the East China Township Park, 701 Recor Rd., East China, Michigan. A light lunch will be served noon to 2:00 pm.

In lieu of flowers, Amy asked that donations be made to the Humane Society of St. Clair County, 6177 Fred Moore Hwy., China, MI 48054 or a no-kill animal shelter of your choice.

To leave a message of comfort visit www.youngcolonial.com

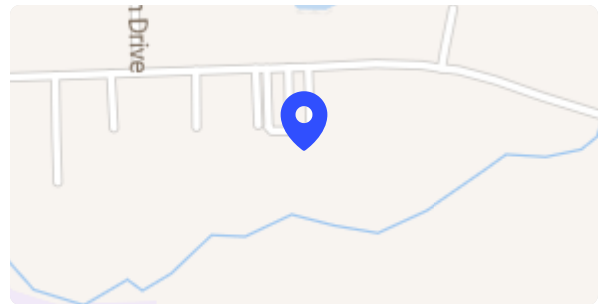


Events

Amy Follebout
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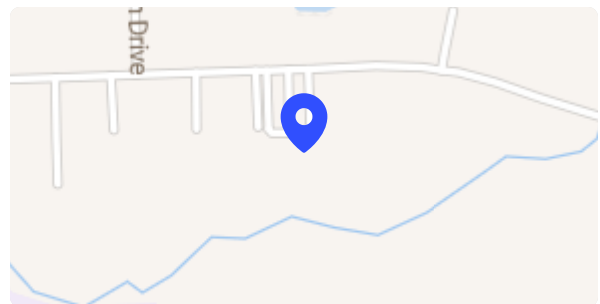
Memorial Visitation

- Friday, July 18, 2025**
- 2:00 PM - 7:00 PM ET
- Young Colonial Chapel Funeral Home**
4061 Saint Clair Hwy, East China MI



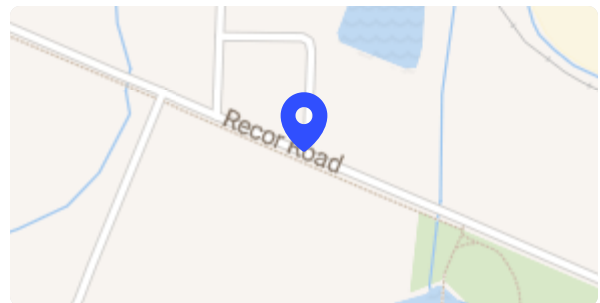
Sharing of Memories Service

- Friday, July 18, 2025**
- 7:00 PM ET
- Young Colonial Chapel Funeral Home**
4061 Saint Clair Hwy, East China MI



Celebration of Life Picnic

- Saturday, July 19, 2025**
- 11:00 AM - 6:00 PM ET
- East China Township Park**
Recor Road, East China Twp. MI 48054



Cemetery Details

- Cremation



Tribute Wall

Amy Follibout

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Sara Follibout posted:

Amy was my go-to in so many things and is greatly missed. She was always ready to help where needed and was quick to join in any and all activities, from the mundane to motorcycle trips and even zip lining in Hawaii. Our lives were happily intertwined since we shared family and friends. We had been friends since grade school and married brothers (Thanks to Amy). She was a true friend and a wonderful sister-in-law. Amy was a wonderful aunt to my girls as they grew up - their success was in part her success. It is my hope that I was at least a fraction of a blessing to her life as she was to mine. She will always be missed and remembered with much love.

July 17 at 2:58 PM



Lynda Rajkovich July 18 at 8:51 AM

Even though I'm not there I will always love n remember your beautiful laugh n smile. You were a wonderful part of our family. Always in my heart. Aunt Lynda



Samantha Follibout lit a candle in honor of Amy.

A candle and a donation to The Humane Society Of St. Clair County, in honor of my Aunt and fellow animal lover ❤️ With all my love, Chicklet.

July 17 at 2:32 PM



Brian And Donna May posted:

Amy was always like a sister to me. I met her and Rob when I moved here in 2001. We would go on trips together with the Wild Turkey gang and lots of snowmobiling in the winter at her parents house. The time we stayed in the VRBO down in the North Carolina/Georgia area was wonderful. Sat in the hottub at night and visited the area around the house. There are so many memories with her and Rob that we will cherish forever. Your in our hearts forever Amy. Miss you.

July 17 at 2:28 PM



Rajkovich, Geier And Solomon Families sent a Crystal Cross Bouquet to the Follibout family.

July 17 at 3:05 AM





Tribute Wall

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Sheri And Len Boccaccio posted:

I miss Amy so much. I hear or think about something and get ready to text her, and I remember she's not here. it's hard to imagine life without her in it. Worked with Amy many years, but remained friends long after! Her strength and her attitude were the strongest no matter how she was feeling. Her life touched so many, and the world is missing a true angel! So many memories, not to mention a great motorcycle driver and all of our journeys with her and Rob. Prayers for Rob and her family. You are missed my dear friend.

July 14 at 10:15 AM



Sharon And Tom Urban posted:

Amy was a kind and caring sister-in-law. Always one of the first to ask "What can I bring?" or "What can I do?" for a family function. She was never too busy to talk or share a laugh. A beautiful person, inside and out. She will be deeply missed.

July 6 at 3:01 PM



Deb Overton posted:

Amy was always a joy to have around. The world is definably a sadder place without her in it. My thoughts and prayers are with you all.

July 4 at 1:15 PM



Tribute Wall

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DF

Dave Follebout posted:

I have known Amy since high school and I got to know her much better after she and my brother Rob set me up on a date with Amy's lifelong friend Sara Nichols, who later became my wife. Since then, Amy has been my sister-in-law and a friend and I could not have wished for a better person to be either of those things. We have had so many good times together that they are truly impossible to count. She has been a wonderful Aunt and positive influence to mine and Sara's daughters their whole lives. Sara and I share many great friends with Amy and Rob so our family lives and friend lives have been intertwined for as long as I can remember. Amy had a competitive, outgoing and fun loving personality that made her a joy to be around. Above all, she was a very caring person and I will miss her dearly.

July 3 at 12:14 PM

CR

Carol (Servick) Romine July 7 at 10:27 AM

Rob, Dave, Sara and family, I am SO sorry to hear about Amy's passing. She was always so happy and full of life, I can't seem to wrap my head around this sad news. Amy and I had many classes together in school, and she made them more fun with her energetic and kind spirit. I pray for smiles and warm hearts as we reminisce about the times we spent with Amy, I think she would want that. Eternally rest grant unto you, my dear friend, and let perpetual light shine upon you.

CD

Charlene Dupuis (David) July 5 at 10:10 AM

I'm sad about Amy passing. She was always kind and fun to be around. Her smile was always bright and contagious, now she is a bright star above.

GW

Gayle & John Westendorp posted:

Very sorry to hear of Amy's passing as she was a dear friend since high school. We met in band (of course) and later on it was thanks to Amy that John and I met - in the parking lot of the Campbell Street Station! We had so many good times with Amy and Rob back in the day and although we weren't able to get together often in recent years, we always looked forward to long "catch up" dinners and chats. Amy's zest for life, caring compassionate nature and sense of humor will never be forgotten. We were all blessed to have known her and loved her. Rob and family, may your wonderful memories of Amy help to give you strength and peace.

June 25 at 8:07 PM



Tribute Wall

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Anonymous sent a Peaceful White Lilies Basket to the Follebout family.

June 24 at 4:05 AM



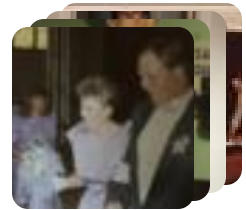
Anonymous planted a Memorial Tree in honor of Amy.

June 24 at 4:05 AM



Michelle Demist shared 7 photos to the **Favorites of Amy over the years** album.

June 23 at 4:47 AM



Janet Demist posted:

Sincere Sympathy - RIP Amy - you fought so very hard- God Bless !

June 23 at 4:47 AM



Michelle Demist shared 7 photos to the Favorites of Amy over the years album.

June 23 at 11:08 AM



Aw - love this one of cousins



She was not letting a back problem keep her from coming to the boat show! This was a good day



Amy went thru pics & sent this to me. Happy she got to relive old memories, and get a few laughs



Night of her bachelorette - the rest will stay with those of us who were there, & pics I still have!



Handsome men and the real princess that day!



She sent this one back in the day when we snail mailed



Memories only last if you share them

Join us in honoring Amy by contributing to a collection of shared memories.



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